

# Upper Freehold Regional High School

2025-2026

LUNCH	Student Lunch	\$4.70
	Featured Favorite Lunch	\$5.50
	Reduced Price Lunch	\$0.00
	Faculty Lunch	\$5.25
	Faculty Featured Favorite	\$6.00
	<i>Lunch Meals include: Entrée selection (protein/grain), fruit, vegetable, and an 8 oz. milk</i>	
ENTRÉE:		
	Student Lunch Entrée Only	\$4.70
	Featured Favorite Entrée Only	\$5.50
	Pizza Slice	\$3.00
	Pizza Parlor Pizza w/Topping	\$3.50
	Hamburger, 3 oz.	\$3.25
	Cheeseburger, 3 oz.	\$3.50
	Mozzarella Sticks (5)	\$4.95
SANDWICHES:		
	Premium Deli Sandwich or Wrap as a Complete Meal or a la Carte	\$5.50
	Peanut Butter & Jelly, large	\$3.75
SALADS:		
	Featured Favorite Salad Lunch as a Complete Meal or a la Carte	\$5.50
	Dressing Packet, extra	\$1.00
SOUP/BREADS:		
	Soup Bowl, 12 oz.	\$3.75
	Bagel w/Butter (2 butter chips)	\$2.80
	Bagel w/Cream Cheese	\$3.50
	Extra Cream Cheese	\$1.00
SIDES:		
	Fresh Fruit/Cupped Fruit, 1 cup (2 portions)	\$1.95
	Side Vegetable, 1 cup (2 portions)	\$1.95
	French Fries/Potato Tots, 4 oz.	\$2.75

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## SNACKS A LA CARTE:

Freshly Baked Cookie, small	\$1.00
Welch's Fruit Snacks	\$1.60
Cookies (packaged)	\$1.75
Baked Snacks/Chips, large	\$2.30
Rice Krispies Treat	\$2.00
Hot Jumbo Pretzel	\$2.60
Brownie	\$2.65
Gourmet Muffin	\$3.25
Cheese Stick	\$1.10
Cereal Bars	\$2.60
Pop-Tart, 2 Pack	\$2.35

## ICE CREAM:

Ice Cream Sandwich	\$2.55
Ice Cream Bar	\$2.80

## BEVERAGE:

Milk, 8 oz.	\$1.15
Juice, 4 oz.	\$1.10
Snapple Bottle, 16 oz.	\$2.75
Vitamin Water, 20 oz.	\$2.90
Diet Beverage Can (Carbonated or Non-Carbonated)	\$2.25
Diet Beverage Bottle (Carbonated or Non-Carbonated)	\$2.60
Arizona Iced Tea, large can	\$3.25
Gatorade, 20 oz	\$3.25
Coffee/Tea 10 oz	\$2.50