Upper Freehold Regional School District
GLUTEN-SAFE MENU Only with documented allergy

POMPTONIAN
FOOD SERVICE

Mondays (M)	All-Natural Chicken Tenders w/ Tortilla Rounds
Tuesdays (T)	Sabrett All-Beef Hot Dog *on a Gluten-Free Bun*
Wednesdays (W)	All-Natural Chicken Tenders w/ Tortilla Rounds
Thursdays (TH)	Hamburger on a Gluten-Free Bun
Fridays (F)	Cheese Pizza

A Complete Lunch Includes:
Entrée (with Protein/Grain)
Fruit/Vegetable
Milk

Important consideration when deciding to participate in Gluten-Safe school lunch offerings:
Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for gluten-safe (GS) meal preparation. To minimize the chance for cross-contamination, the GS items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, gluten-safe ingredients. Pomptonian works with manufacturers with Good Manufacturing Practices; however, foods may be produced in a facility containing known allergens.

Cut at this line and keep the above menu portion for your reference.
Please submit lunch forms promptly. Late submissions may not be properly recorded.

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Please use the codes listed above to indicate your selections *for the month* on the order form below and return it by 1 week prior in an envelope to your school cafeteria. Please be sure to put money on your child's account prior to placing orders. It is important to go over the menu with your child. If your student is going to be absent on a day that lunch was ordered, please call the Food Service Director at 609-259-7292 x 1433 between 8:00 & 8:30 a.m. the morning the student is to be absent.

MONTH:	MON	TUE	WED	THU	FRI
Week of:					
Week of:					
Week of:					
Week of:					
Week of:					

STUDENT'S NAME _____

GRADE/TEACHER _____

SCHOOL _____

PARENT/GUARDIAN PHONE # _____

PARENT/GUARDIAN E-MAIL _____

NUMBER OF MEALS SELECTED _____

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.

GS